



## Gielgud Academy of Performing Arts COVID-19 Checklist for Students

- Please do not attend class if –
  - You are displaying symptoms of the virus
  - You have returned from an overseas trip
  - Any member of your household has been contacted by track and trace
  
- Your parents must wear a mask when dropping you off **outside** the studios. Currently no parents are permitted inside the building, unless they are a designated GAPA Chaperone.
  
- If you are over the age of 12 you need to bring a mask to wear when waiting **in-between** classes (in our designated waiting area). No masks need to be worn **during** classes though.
  
- Please come dressed ready for class (leotards on under tracksuit/warm-ups). Only one person allowed in the toilet/changing area at once. Please don't arrive just wearing a leotard and tights though. **All students must wear GAPA warm-ups**, as studios will well ventilated and may be a little cold at times.
  
- Please arrive no earlier than 10 minutes before your first class, and you need to wait socially distanced outside the studio.
  
- You will be allocated a number, which you will follow to line up in and which allocates you a specific place at the barre and in the centre, which you must adhere to each lesson.
  
- Dance shoes to be worn in classes, no bare feet for now. Ballet Shoes to be worn in Ballet, and Jazz Shoes or non-slip socks to be worn in Modern and Pilates.
  
- Please bring a towel with you, to lay on the floor outside the studio to place bags/coats/shoes on, and to use in Pilates if you don't have a mat.
  
- Please also reduce the amount of personal belongings brought with you, as we will be unable to hold onto lost property. **Anything left behind will be thrown away.**
  
- Try to relax and enjoy classes 😊 we are all doing our best to navigate through these strange times!